

FREE!
Donations welcome



CELEBRATE INTERNATIONAL WOMEN'S DAY 2019 *With BRISTOL WOMEN'S VOICE*

Saturday 2nd March 11am - 5.30pm
Bristol City Hall, College Green, Bristol BS1 5TR

OVER 30 EVENTS!



BRISTOL WOMEN'S VOICE WELCOMES YOU TO EXPLORE BRISTOL CITY HALL

Bursting with activities, workshops and performances brought to you by many fantastic organisations.

Bristol Women's Voice is a powerful voice for women making women's equality in Bristol a reality. We invite all women to get involved – become a member of Bristol Women's Voice and have your say in shaping the future for women's equality in Bristol.

Sign up in the foyer at the BWV stall!



bristolwomensvoice.org.uk

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Design by Jessica Augarde.

All events subject to change. Please see website for up to date listings.

FOYER

- 11 - 5.30** **Bristol Women's Voice Welcome Stall**
Sign up as a member of BWV!
- 11 - 5.30** **Womens Groups Info & Resources**
- 11 - 5.30** **Notes of Love**
Write messages of solidarity and support to survivors of gender based violence.
- 12 - 4.00** **Weaving with Arts Enlarge**
Weave AVONA's head from willow, and write your story of bold and brave women in your family into her hair.

1P08 & 09

Creche

2 hour slots are available at our free creche. Book your slot at the event. Provided by Caroline's Creches.

VESTIBULES

- 11 - 5.30** **This is Us Exhibition**
Photographer Tina Gue has taken 143 portraits of women from all walks of life, all believing that showing themselves proudly will change the way society looks at older women.

Please note, there is no café open at City Hall during this event. You are welcome to bring your own lunch and there are many cafés and shops within walking distance. Please do not eat in workshops and dispose of all rubbish.

THE GREAT HALL

- 11.15** **Burning Brass**
An all-female collective will kickstart the day's musical performances, welcoming attendees with upbeat tunes.
- 11.45** **Welcome Speech**
From Bristol Women's Voice Chair Penny Gane and centenary film.
- 12.00** **Bristol Amateur Operatic Society**
Award winning amateur dramatic group, BAOS, will perform some of musical theatre's most empowering female songs.
- 12.45** **Leave Without Rattling**
Performance by Jenny Davis about Bristolian Windrush icon Princess Campbell and Jamaican nurse Mary Seacole. With BSL interpreter.
- 1.45** **Tan Teddy**
Listen to uplifting renditions of traditional Jamaican folk songs.
- 2.15** **Female Equality & Identity: Dance Theatre Performance**
Performed by students of Merchants' Academy, Withywood. With supporting performances by Vic Hole and Gill Simmons.
- 3.00** **African Voice Forum's Inspirational Women**
A theatrical conversation on the themes from AVF's *Inspirational Women*, a depiction of the personal narratives of 23 women.
- 4.00** **Women & Power**
Panel discussion with Thangam Debbonaire MP, Anny Cullum, Hannah Heir, Sue Mountstevens and Hibo Mahamoud.
- 5.00** **Pitch Fight**
The brilliant all-women acapella group from the University of Bristol will perform a set of spine-tingling empowering songs.
- 11.00 - 5.30** **Politics and Protest: Posters from the Women's Liberation Movement 1970-2000.**
An exhibition of dynamic, colourful and informative posters from the Archive's collection of over 1000.

Rooms to the left of the Conference Hall

WRITING ROOM

- 11.00 - 12.00** **Next Link Domestic Abuse Awareness Workshop**
Interactive workshop on domestic abuse awareness and how to spot the signs. With BSL interpreter.
- 12.00 - 12.30** **Gender Inequality - Where Do I Start?**
Integrate UK introduce a new resource tackling gender inequality and sexual harassment.
- 12.30 - 1.00** **OPOKA**
Films presented by Bristol's domestic abuse agency supporting Polish women and children.
- 1.00 - 1.30** **Sexual Violence & Older Women: Raising Awareness & Busting Myths**
SARSAS CEO Claire Bloor presents Somerset & Avon Rape & Sexual Abuse Support's new campaign.
- 1.30 - 2.00** **Making Services Work For Women: A Peer Research Perspective On Domestic & Sexual Violence And Multiple Disadvantage**
A discussion-based session to review the importance of national recommendations for women in Bristol.
- 2.00 - 3.00** **Sister Courage: Training on Street Safety Taster**
An insight into reclaiming control for those vulnerable to harassment in situations where harm may become present.
- 3.00 - 4.00** **Krav Maga: Practical Self-defence for Women**
An opportunity to learn the basic principals of self-defence and how to establish boundaries.
- 4.30 - 5.30** **Bristol Zero Tolerance Panel**
Local and national experts discuss taking action on gender-based violence in Bristol, how far have we come and what can you do?

LADY MAYOR'S PARLOUR

11.30 - 1.30 **Print Kitchen Workshop**

With Anna Haydock-Wilson & Andrea Morreau. Make intaglio prints of women who inspire you. Materials provided, bring photos for reference.

2.00 - 3.30 **Poster Making with Feminist Archive South**

A creative session to design and make your own unique poster.

LORD MAYOR'S RECEPTION

11.30 **What Do You Need From Your Employer to Help You Succeed at Work?**

Share experiences with Bristol Women's Commission's Business Task Group and discuss what you need from your employer.

12.45 **Women & Co-ops**

Presentation and Q+A with Fair Trade coffee farmer and representative of co-operative union SOPPEXCCA, Junieth Leiva.

2.00 **Women & Trade**

Meet the inspirational women working in trade and construction, and learn about the opportunities the industry can provide for women. With BSL interpreter.

3.15 **Unrestricted by Disability**

A panel of inspirational women will talk about their experiences and achievements. With BSL interpreter.

4.15 **Menopause: Medicine, Society, Work & Self**

Panel with Lauren Chiren, Beccy Golding, Isabel De Salis, Daisy Rajput, and Caroline Overton exploring the impact of menopause on women's lives. With BSL interpreter.

LORD MAYOR'S OFFICE

1.00, 2.00, **Sarah Guppy (10 min performances)**

3.00 & 4.00 An enthralling, interactive performance focused on the life of 18th century Bristolian, female engineer Sarah Guppy.

THE LIBRARY

11.30 - 12.45 Asian Women's Voice

Explore what it is to be an Asian woman through a mixture of videos, presentations and a panel discussion.

1.00 - 2.30 Looking after your Mental Health & Wellbeing for South Asian Women

CASS & Rethink Bristol share activities for looking after your wellbeing. Learn and share experiences with other women.

3.00 Isha Yoga

Empowerment tools from the ancient science of yoga for wellbeing.

Rooms to the right of the Conference Hall

1P01

12.00 Maternal Mental Health

Bluebell Care Trust workshop sharing lived experience, how to access support, short films and mental wellbeing techniques.

1.15 Know Your Maternity Rights & Mums Social

Bristol Women's Voice's presenters give an overview of your rights. Followed by social for mothers to share experiences.

3.00 Poetry Workshop with Rosy Wilson

Read and explore Phenomenal Woman by Maya Angelou and Valentine by Carol Ann Duffy, learn exercises, and share poems.

4.00 No More Taboo

Tackling Period Poverty in Bristol. 13 year old activist Ruby Lockey joins No More Taboo.

1P04

12.00 **Short Films by Women Artists**

Films by Bristol artists on performance, poetry, puppets and more. Presented by Art within the Cracks.

1.15 **Rise and Fall Playback Theatre**

An improvised theatre performance exploring menopause, guided by a conductor, inviting true stories from the audience. All stories welcome.

2.30 **Talking About Menopause**

Open session for women to talk about menopause in a friendly environment, with Lauren Chiren of *Women of a Certain Stage*.

3.00 **War Wounds**

Trauma Awareness hosts a discussion about the hidden narratives of disabled Somali women wounded as a consequence of war/conflict.

4.00 **A Hostile Host**

Empty Seat on the Bus- Refugee Women of Bristol (animation). Trauma Awareness opens a wider conversation about the traumatic effects of hate crime in Bristol.

1P05

12.00 **Bristol Swing Riot**

Join Swing Riot for a swing dance taster class – suitable for all levels, including beginners, no need to bring a partner.

1.30 - 3.00 **Spoken Word Open Mic**

Poet Nadinne Dyen hosts a spoken word stage with a line-up of incredible female poets and open mic.

3.15 **This Is Us Panel Discussion**

An exciting panel of women will discuss their greatest personal achievements and celebrate being a woman over 40.